



achieving
for children

**There is no better gift from a parent to a child than the gift of good manners
(Tirmidi)**

Come and join us for this exciting 10-week programme Incorporated with Islamic values

On
25/04/2024

The Nurturing Programme provides simple, effective tools to help adults and children:

- ❖ Understand and manage feelings and behaviour
- ❖ Improve relationships at home
- ❖ Improve emotional health and wellbeing
- ❖ Develop self-confidence and self-esteem; crucial ingredients for effective Parenting and learning

When: Every Thursday 10:00 till 12:00

Venue: Maidenhead Hub , west Dean SL6 7jb

For further information please contact, Arifa Naeem on

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