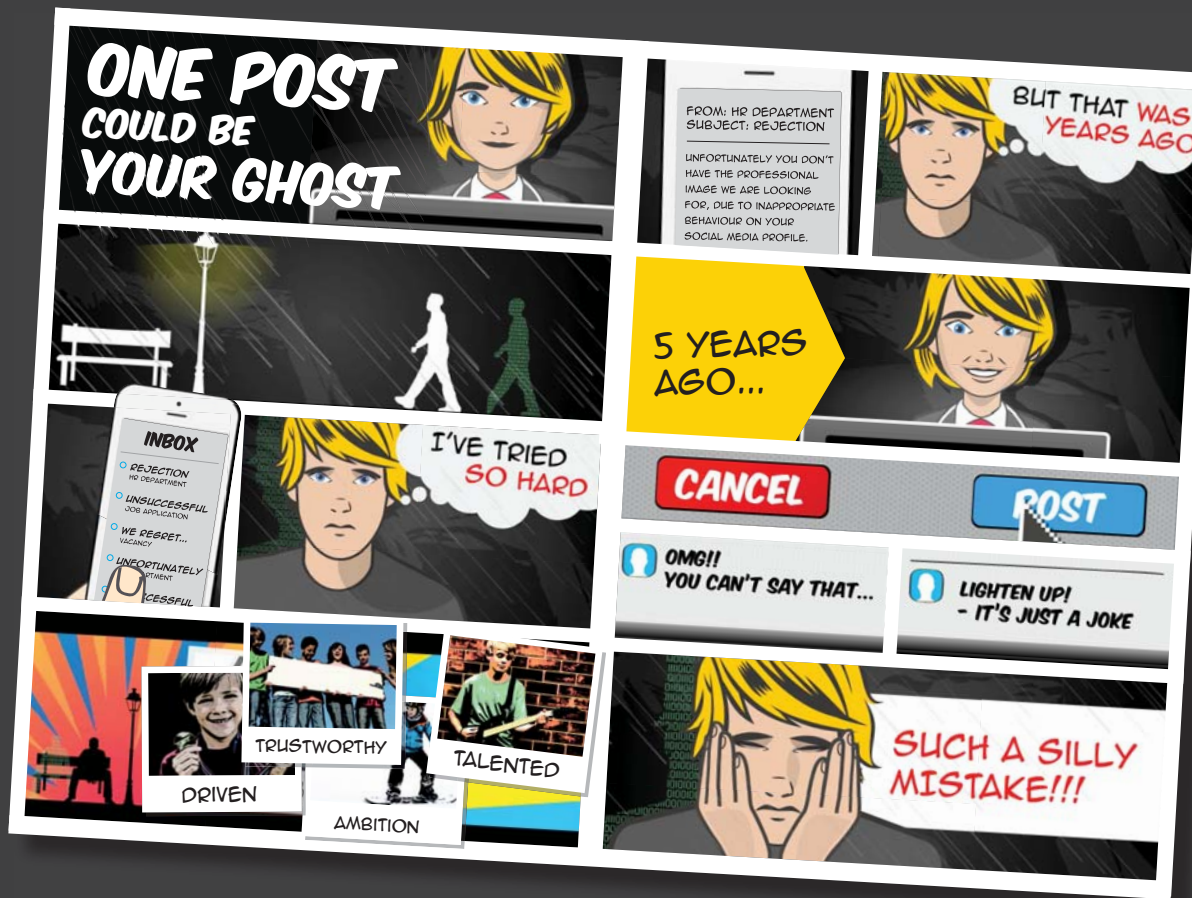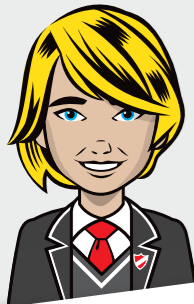# We'll bet you know everything about the internet.

But do you know how to _look after yourself_ on the internet?

www.**getsafeonline**.org

Being online is second nature to you, but we've all heard about the problems that can result from acting in haste, not following sound advice or even not learning from others' mistakes.

So please take a few minutes to read these easy tips to keep yourself and others protected.

Remember that what goes online stays online (or in texts), so be careful what you say about yourself or other people.

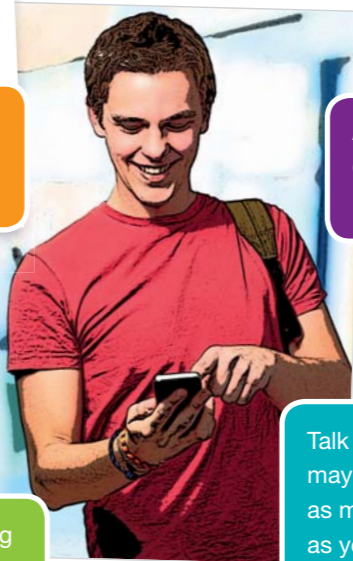If there's anything or anyone online that's worrying or scaring you, talk to a parent or another adult you trust.

Don't get hooked on websites about your body, health or sexuality. You should have more fun things to think about.

Before you think about making an in-app purchase, ask the bill-payer's permission. It'd be rude not to!

Anyone could be looking at your profile or posts, so be careful what personal information you're putting out there.

Don't get tempted to take part in silly things that others dare you to do online. It could get horribly out of control.

Bullying isn't big and it isn't clever. You wouldn't like to be on the receiving end … so don't do it yourself.

Think twice before sending or texting certain photos of yourself. Do you really want everyone else to see you like that?

Always have a PIN on your smartphone or tablet: you never know who might get hold of it.

Be careful who you're talking to or befriending online – they may not be who they seem.

Set yourself a daily time limit for gaming and don't risk being a geek!

Talk to your parents. They may be old and not know as much about the internet as you do, but they have more experience of life.
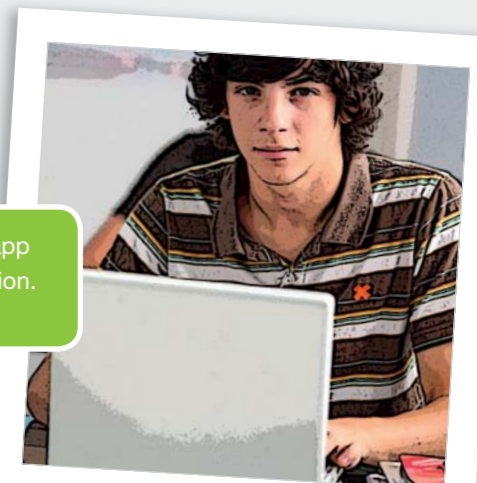
What is Get Safe Online?

Get Safe Online is this country's leading source of factual and easy-to-understand information on protecting yourself and your family against the dangers of going online as well as stuff like losing your mobile, making sure computers don't get stolen from home and shredding papers that are confidential.

Get Safe Online is run by online security professionals and paid for and supported by the UK Government as well as large businesses who want to help you enjoy using the internet safely and without any worries.

www.**getsafeonline**.org