



## **Family Hub Service**

## Incredible Years programme

The Incredible Years programme is a 12 to 14 weeks course for parents and carers of 3 to 12 year olds children with ADHD or ASD/ ODD/CD (formally diagnosed or on CAMHS pathway), whose behavior has been having significant impact on their home and school life experiences. Parents and carers must be willing to commit to all sessions.

The Incredible Years programme has a nurturing parenting approach to collaboratively support parents and carers to address their children's needs. The programme will be delivered by trained family hub workers, with sessions running at the Family Hub. A creche will be provided for day time sessions.

The Incredible Years programme

## 6 to 12 years old:

Family Hub either at Maidenhead or Windsor.

3 to 6 years old Family Hub either at Maidenhead or Windsor.

If you would like to make a referral, please contact the Incredible Years Team

E: <u>family.hubs@achievingforchildren.org.uk</u>