

2 February 2022

Dear Parents and Carers,

Our PSHE & RSE Program at Manor Green School

We believe that promoting the health and well-being of our students is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) course. This looks at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the PSHE course is to help our students make safe and informed decisions during their school years and beyond.

Relationship and Sex Education (RSE) is an important part of the PSHE course. We will be focusing on the following in our RSE lessons in KS3: relationships, my body, puberty, menstruation, feelings and attitudes, lifecycles and human reproduction, keeping safe and looking after myself, people who help me and getting advice. Attached to this letter are some key areas we will cover, as well as some key vocabulary which may be used during our sessions.

We will be teaching these lessons during the summer term. During the course, students will be able to ask questions, which will be answered factually and, in an age, appropriate manner. Each student's privacy will be respected, and no one will be asked to reveal personal information.

Some parts of RSE are compulsory as these are part of the National Curriculum for Science. Parents can withdraw their child from all other parts of RSE if they wish to do so. However, we believe that the presentation of images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a student is withdrawn, many students will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all students will have the opportunity to take part in our carefully planned lessons.

Parents are the most important educators of young people in personal issues, and many welcome the support that school can offer to supplement their home teaching. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school.

I wish for my child to be included in all lessons in this topic	Yes	No	
I wish for my child to be withdrawn	From all lessons	From some/one lessons	Please state below which topic You wish your child to be Withdrawn from. _____

Yours faithfully

C Lovelock

Claire Lovelock
Ahlberg Class Teacher

