

Beef Curry



Ingredients

Description	Ptn	10ptn	50ptn	100ptn	200ptn
Diced Beef	67 g	667 g	3.33 kg	6.67 kg	13.33 kg
Onions	50 g	500 g	2.5 kg	5 kg	10 kg
Chopped Tomatoes	87 g	867 g	4.33 kg	8.67 kg	17.33 kg
Brakes Curry Powder	2 g	17 g	83 g	167 g	333 g
Dry Coriander	2 g	17 g	83 g	167 g	333 g
Garlic Puree	0 g	2 g	8 g	17 g	33 g
Tomato Paste	3 g	33 g	167 g	333 g	667 g

Method

Sweat off the diced onions and the chopped garlic in a pan until soft
 Add the curry powder and cook out for 2 mins.
 Add the diced beef and allow to brown
 Then stir in the tomato puree and cook out to a rust colour
 Pour in the chopped tinned tomatoes and simmer for 2 - 3 hours
 Sprinkle over dried coriander and serve with rice.

Assembled Tags



Contains Mustard