



**Toilet training intervention workshops for parents of children with additional needs over 4 years old.**

Some children struggle more than others when learning to use the toilet. This can be for a variety of reasons. We understand how very stressful this is for parents.

We offer free workshops for families in Berkshire covering:

- Toilet training – trouble shooting the difficulties parents and their children are experiencing
- How to help child have a healthy bladder and bowel
- Specific information for families with a child or young person with additional needs

It also provides parents the opportunity to ask those difficult questions about toilet training in a safe space. Workshops could be face to face or online.

Parents of Children under 4 years should continue with general toilet training advice.

**Only parents and carers can request a workshop by completing the booking form**, any forms received from nonparents and carers will be rejected. This is because it is important that parents are ready to engage and willing to participate.

**To book**, parents should be directed to the paediatric continence website via Berkshire healthcare. See link below.

[Paediatric Continence | Children Young People and Families Online Resource \(berkshirehealthcare.nhs.uk\)](http://berkshirehealthcare.nhs.uk)

Parent should complete the booking form and we will email the details of our upcoming workshops.



Parents attendance will be documented on RIO



Parent should follow guidance acquired from the workshop for 3 months



If there has been **no** improvement at the end of this 3 month period a health professional can, if required, refer to the continence team.

The continence team will not accept Toilet training referrals unless a parent has attended the workshop.