

18 March 2021

Dear Parents and Carers,

**Our PSHE & RSE Programme at Manor Green School**

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) course. This looks at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

Relationship and Sex Education (RSE) is an important part of the PSHE course. We will be teaching lessons about RSE in Middle School and this will focus on relationships, my body, feelings and attitudes, puberty, keeping safe and life cycles and reproduction.

We will be teaching these lessons over a period of 6 weeks and a list of key vocabulary is listed below this may help you when talking to your child at home:

Penis, Vagina, Puberty, Male, Female, Consent, Touch, Relationship, Stereotypes, Gender roles, Reproduction, Pregnant, Sperm, Egg, Breasts, Pubic Hair, Pregnancy, Periods, Tampons, Sanitary Towels, Erection, Semen, Contraception, Condoms, Sexual Intercourse, Intimacy, Fertilisation, Wet dreams, Fostering, Adoption, Human Rights, Protection, Moods, Menstruation, Sexually Transmitted Disease/Infection (STD/STI).

During the course, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Some parts of SRE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from all other parts of SRE if they wish to do so. However, we believe that the presentation of images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school.

I wish for my child to be included In all lessons in this topic	Yes	No	
I wish for my child to be Withdrawn	From all lessons	From some/one lessons	Please state below which topic you Wish your child to be withdrawn from

Yours sincerely

Dr J Holmes  
Class Teacher