

# Wednesdays, 7<sup>th</sup> Feb; 13<sup>th</sup> March; 17<sup>th</sup> April; 8<sup>th</sup> May; 12<sup>th</sup> June; 3<sup>rd</sup> July 2024

## Community Parent/Carer Support Group, Slough

A support group for family members who have children/young people with additional needs living within Slough.

A safe and supportive space for sharing experiences and gaining support with the unique challenges faced by families of children with additional needs.

Each session will include an hours topic around being a parent of a child with additional needs. The remainder of the session will be for discussion of the topic and social support time.

## Feb Topic; Wellbeing and self care.

#### DATE & TIME

Monthly- See above dates 10-12pm

### VENUE

Farnham Common Village Hall Victoria road Farnham Common, Slough SL2 3NL

#### COST

FREE (Refreshments provided)

FURTHER INFORMATION Charlie Taylor 07831409731 charlie@parentingspecialchildren.co.uk