



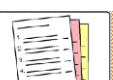







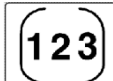


































My Weekly timetable

Days	9:30-10	10-10:30	10:30-11:15	11:15-12:00	12:00-1:00	1:00-1:30	1:30-2:00	2:00-2:45	2:45-3:30
Monday	 reading Students to read from their RWI books (self-learning)	 exercise  feelings Online with ARPITA	 english English online	 worksheets English worksheet	 lunch	 exercise PE with Joe wicks	 science Science online	 worksheets Science worksheet	ACE work and mindfulness (students to complete their Ace Work followed by relaxation)
Tuesday	 reading Students to read from their RWI books (self-learning)	 exercise  feelings Online with ARPITA	 maths Maths online	 worksheets Maths worksheet	 lunch	 exercise PE with Joe wicks	 music Music online	 ict	ACE work and mindfulness (students to complete their Ace Work followed by relaxation)
Wednesday	 reading Students to read from their RWI books (self-learning)	 exercise  feelings Online With Arpita	 english English online (The world came to my place today)	 worksheets English worksheet	 lunch	 exercise PE with Joe wicks	 Art Art online	 life skills	ACE work and mindfulness (students to complete their Ace Work followed by relaxation)
Thursday	 reading Students to read from their RWI books (self-learning)	 exercise  feelings Online with ARPITA	 cooking lesson Cooking online	 worksheets Cooking worksheet	 lunch	 exercise PE with Joe wicks	 ASDAN ASDAN online	 worksheets ASDAN worksheet	ACE work and mindfulness (students to complete their Ace Work followed by relaxation)

My Weekly timetable

Friday	 Students to read from their RWI books (self-learning)	 Online with ARPITA 	 Maths online	 Maths worksheet	 lunch	 PE with Joe wicks	 PHSE online	 PHSE worksheets	ACE work and mindfulness (students to complete their Ace Work followed by relaxation)
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Online lessons : Students to join in topic based online lessons **Worksheets**: Students to complete the topic based worksheets (will be provided)

PE with Joe: <https://www.youtube.com/watch?v=tSi2ix1i180> daily lessons added at 1pm

Ace work: ACE worksheets will be provided **Mindfulness**: Videos are uploaded on the teams