

FACE was set up to empower parents and help those who support families.



contact us

info@facefamilyadvice.co.uk

**Take a look at our website
and book online**

www.facefamilyadvice.co.uk

Families are challenged and stressed by modern day life.

Pressures build up and people need information, skills, guidance, techniques and interventions to help them cope and protect their personal relationships.

facefamilyadvice.co.uk



FACE 2 FACE Bespoke Online Training

for staff, volunteers,
and service users on substance
misuse, improving
communication, understanding
emotions and managing
behaviour

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Information from the below list of topics can be used to design and develop online sessions.



The face of **FACE**
Jane Keyworth

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FACE 2 FACE

Bespoke online training sessions to support those who work with families



FACE will work with schools, services and organisations to create individual training sessions to suit their individual needs.

Training Sessions are priced at £150/hour and can be delivered as daytime or evening sessions via Zoom.

Paula said, "**Having attended a number of teaching sessions with Jane I would say she is very knowledgeable as well as inspiring. She explains things in a non-jargony, easy to understand way...**"

See the website for more testimonials from those who have benefitted from these sessions.

Understanding Addictive Behaviour

Drug Awareness

Alcohol Awareness

Cannabis Awareness

Relapse Prevention

Dual Diagnosis

Self-Esteem Awareness

Understanding Anger

Understanding Stress & Anxiety

Managing Depression

Teenage Brain Development

Effective Communication Skills

Intro to Motivational Interviewing

Introduction to ACT

(Acceptance & Commitment Therapy)

Introduction to Autism

Introduction to ADHD

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