



FUEL

Feed Up Everyday Lives

HOLIDAY ACTIVITIES AND FOOD PROGRAMME

SUMMER 2021

Funded by the Department for Education

***THE ROYAL BOROUGH OF
WINDSOR AND MAIDENHEAD***



**achieving
for children**

INTRODUCTION

This Summer...

It's nearly here, Summer 2021... we are excited to announce our Summer FUEL programme which will run from **Monday 2nd August to Friday 27th August** and is accessible to all those families in the Royal Borough of Windsor and Maidenhead who are eligible for benefits related free school meals.

The FUEL team have co-ordinated a variety of activity providers to deliver **FREE** services across the borough to meet the needs of all children, young people and families to ensure we have an inclusive and varied programme. Lunch will be provided at all FUEL sessions.

Recent times have been some of the most challenging that families have had to experience, our aim is to ensure this programme can bring as many smiles to faces as possible.

'Just look at what we can do when we come together' Marcus Rashford MBE

What is FUEL?

The Department for Education has released information on its Holiday Activities and Food Programme (HAF) for 2021. In the Royal Borough of Windsor and Maidenhead the programme is called **F.U.E.L: Feed Ur Everyday Lives**, a name created by our Youth Ambassadors and is delivered by Achieving for Children. The F.U.E.L programme takes place for two weeks during the Easter Holidays, four weeks during the Summer Holidays and one week during the Christmas Holidays. F.U.E.L provides activities to children aged 5-16yrs who are eligible for Free School Meals (FSM), for four hours a day, four days a week during the identified holiday periods.

The aim is that the children who attend the provision will be supported:

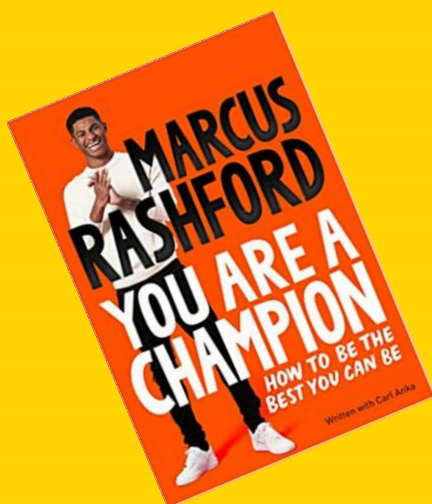
- To eat healthily and understand nutrition
- To be more active through engaging and enriching activities
- To be safe and not to be socially isolated
- To learn more about the different services Achieving for Children have available in the local area

Key Information

- Details on providers, how to book and the age ranges for activities are found towards the back of this booklet
- Bookings with all providers will be checked to ensure those accessing the programme are eligible for free school meals. Please do not give out the FUEL code to other families.
- To ensure that we are able to make the most use of the spaces on the activities please let us know if you cannot attend, non-attendance may result in future activity bookings being cancelled.
- Before the start of the holidays there may be other activities added to the FUEL Programme. For any updates please visit our website <https://rbwm.afcinfo.org.uk/pages/community-information/information-and-advice/fuel-holiday-activities-and-food-programme>

Packs

- Packs will be available to families to take home from various FUEL sessions.
- Packs will contain arts and crafts, frisbee, tennis ball, FUEL promotional material and information on services that support families.
- When collecting a pack, families are also able to take home copies of:
 - You Are A Champion by Marcus Rashford (8-13yrs)
 - A Dinosaur Ate My Sister (8-11yrs)
- Packs will be available to collect from the sessions written in *italics and underlined* between 10am-11am.



MONDAY 2 AUGUST TO FRIDAY 6 AUGUST

MONDAY 2 AUGUST	TUESDAY 3 AUGUST	WEDNESDAY 4 AUGUST	THURSDAY 5 AUGUST	FRIDAY 6 AUGUST
<u>FUEL MIX SEN 1</u>	<u>FUEL Mix Plus 1</u>	<u>FUEL Mix 1</u>	<u>FUEL Mix Ultra 1</u>	<u>FUEL Mix 2</u>
10.00 - 2.00pm Larchfield Children's Centre	10.00am to 2.00pm Datchet Children's Centre	10.00am - 1.00pm Riverside Childrens Centre	10.00am - 2.00pm Windsor Youth Centre	10.00 - 1.00pm The Manor, Dedworth
Premier Sports	Premier Sports	Premier Sports	Premier Sports	Premier Sports
9.00am – 5.00pm Larchfield School – Bookings are for the full week				
Sport4Kids	Sport4Kids	Sport4Kids	Sport4Kids	Sport4Kids
8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School
Magpies Football	Magpies Football	Magpies Football	Magpies Football	Magpies Football
10.00am – 3.00pm Dedworth Middle School	10.00am – 3.00pm Dedworth Middle School	10.00am – 3.00pm Dedworth Middle School	10.00am – 3.00pm Dedworth Middle School	10.00am – 3.00pm Dedworth Middle School
	BASports	BASports	BASports	BASports
	8.00am – 6.00pm Venue 1: Cox Green School Venue 2: Charters School	8.00am – 6.00pm Venue 1: Cox Green School Venue 2: Charters School	8.00am – 6.00pm Venue 1: Cox Green School Venue 2: Charters School	8.00am – 6.00pm Venue 1: Cox Green School Venue 2: Charters School
	GAP Club	GAP Club	GAP Club	GAP Club
	8.30am – 12.30pm or 12.30pm – 4.30pm Venue 1: St Judes School Venue 2: Staines Prep School	8.30am – 12.30pm or 12.30pm – 4.30pm Venue 1: St Judes School Venue 2: Staines Prep School	8.30am – 12.30pm or 12.30pm – 4.30pm Venue 1: St Judes School Venue 2: Staines Prep School	8.30am – 12.30pm or 12.30pm – 4.30pm Venue 1: St Judes School Venue 2: Staines Prep School
	4Motion	U Sports	U Sports	Norden Farm
	10.00am – 2.00pm Vansittart Estate, Windsor	10.00am – 2.00pm Datchet Recreation Ground	10.00 – 2.00pm Hanover Way, Dedworth	11.00am – 3.00pm Maidenhead
		4Motion	Norden Farm	
		10.00am – 2.00pm Vansittart Estate, Windsor	11.00am – 3.00pm Maidenhead	
		FUEL Adrenaline – Liquid Leisure		
		10.00am-4.00pm Various pick up locations		

MONDAY 9 AUGUST TO FRIDAY 13 AUGUST

MONDAY 9 AUGUST	TUESDAY 10 AUGUST	WEDNESDAY 11 AUGUST	THURSDAY 12 AUGUST	FRIDAY 13 AUGUST
FUEL Mix SEN 2	FUEL Mix 3	FUEL Mix Plus 2	FUEL Adrenaline - Thorpe Park	FUEL Mix Ultra 2
10.00 - 2.00pm Larchfield Children's Centre	10.00am to 2.00pm Datchet Children's Centre	10.00am - 1.00pm Riverside Childrens Centre	9.00am – 7.00pm Various pick up locations	10.00 - 2.00pm The Manor, Dedworth
Premier Sports	Premier Sports	Premier Sports	Premier Sports	Premier Sports
9.00am – 5.00pm Larchfield School – Bookings are for the full week				
Sport4Kids	Sport4Kids	Sport4Kids	Sport4Kids	Sport4Kids
8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School
Magpies Football	Little Muddy Me	Little Muddy Me	Little Muddy Me	Little Muddy Me
Dedworth 10.00am – 3.00pm Dedworth Middle School	9.00am – 4.00pm Bray Lake	9.00am – 4.00pm Bray Lake	9.00am – 4.00pm Bray Lake	9.00am – 4.00pm Bray Lake
	Magpies Football	Magpies Football	Magpies Football	Magpies Football
	10.00am – 3.00pm Dedworth Middle School	10.00am – 3.00pm Dedworth Middle School	10.00am – 3.00pm Dedworth Middle School	10.00am – 3.00pm Dedworth Middle School
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	8.00am – 6.00pm Venue 1: Cox Green School Venue 2: Charters School	8.00am – 6.00pm Venue 1: Cox Green School Venue 2: Charters School	8.00am – 6.00pm Venue 1: Cox Green School Venue 2: Charters School	8.00am – 6.00pm Venue 1: Cox Green School Venue 2: Charters School
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	8.30am – 12.30pm or 12.30pm – 4.30pm Venue 1: St Judes School Venue 2: Staines Prep School	8.30am – 12.30pm or 12.30pm – 4.30pm Venue 1: St Judes School Venue 2: Staines Prep School	8.30am – 12.30pm or 12.30pm – 4.30pm Venue 1: St Judes School Venue 2: Staines Prep School	8.30am – 12.30pm or 12.30pm – 4.30pm Venue 1: St Judes School Venue 2: Staines Prep School
	4Motion	4Motion	Norden Farm	Norden Farm
	10.00am – 2.00pm Vansittart Estate, Windsor	10.00am – 2.00pm Vansittart Estate, Windsor	11.30am – 3.30pm Maidenhead	11.30am – 3.30pm Maidenhead
		U Sports	U Sports	
		10.00am – 2.00pm Datchet Recreation Ground	10.00 – 2.00pm Hanover Way, Dedworth	

MONDAY 16 AUGUST TO FRIDAY 20 AUGUST

MONDAY 16 AUGUST	TUESDAY 17 AUGUST	WEDNESDAY 18 AUGUST	THURSDAY 19 AUGUST	FRIDAY 20 AUGUST
<u>FUEL Mix SEN 3</u>	<u>FUEL Mix 4</u>	<u>FUEL Mix 5</u>	<u>FUEL Mix Ultra 3</u>	<u>FUEL Mix 6</u>
10.00 - 2.00pm Larchfield Children's Centre	10.00am to 1.00pm Datchet Children's Centre	10.00am - 1.00pm Riverside Childrens Centre	10.00am - 2.00pm Windsor Youth Centre	10.00 - 1.00pm The Manor, Dedworth
Premier Sports	Premier Sports	Premier Sports	Premier Sports	Premier Sports
9.00am – 5.00pm Larchfield School – Bookings are for the full week				
Sport4Kids	Sport4Kids	Sport4Kids	Sport4Kids	Sport4Kids
8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am – 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School
Magpies Football	Magpies Football	Magpies Football	Magpies Football	Magpies Football
Dedworth10.00am – 3.00pm Dedworth Middle School	10.00am – 3.00pm Dedworth Middle School	10.00am – 3.00pm Dedworth Middle School	10.00am – 3.00pm Dedworth Middle School	10.00am – 3.00pm Dedworth Middle School
	BASports	BASports	BASports	BASports
	8.00am – 6.00pm Venue 1: Cox Green School Venue 2: Charters School	8.00am – 6.00pm Venue 1: Cox Green School Venue 2: Charters School	8.00am – 6.00pm Venue 1: Cox Green School Venue 2: Charters School	8.00am – 6.00pm Venue 1: Cox Green School Venue 2: Charters School
	GAP Club	GAP Club	GAP Club	GAP Club
	8.30am –12.30pm or 12.30pm – 4.30pm Venue 1: St Judes School Venue 2: Staines Prep School	8.30am –12.30pm or 12.30pm – 4.30pm Venue 1: St Judes School Venue 2: Staines Prep School	8.30am –12.30pm or 12.30pm – 4.30pm Venue 1: St Judes School Venue 2: Staines Prep School	8.30am –12.30pm or 12.30pm – 4.30pm Venue 1: St Judes School Venue 2: Staines Prep School
	4Motion	U Sports	U Sports	
	10.00am – 2.00pm Vansittart Estate, Windsor	10..00am – 2.00pm Datchet Recreation Ground	10.00am – 2.00pm Hanover Way, Dedworth	
		4Motion		
		10.00am – 2.00pm Vansittart Estate, Windsor		
		FUEL Adrenaline – Liquid Leisure		
		10.00am-4.00pm Various pick up locations		

MONDAY 23 AUGUST TO FRIDAY 27 AUGUST

MONDAY 23 AUGUST	TUESDAY 24 AUGUST	WEDNESDAY 25 AUGUST	THURSDAY 26 AUGUST	FRIDAY 27 AUGUST
FUEL Mix SEN 4	FUEL Mix 7	FUEL Mix 8	FUEL Adrenaline - Thorpe Park	
10.00 - 2.00pm Larchfield Children's Centre	10.00am - 1.00pm Datchet Children's Centre	10.00am - 1.00pm Riverside Childrens Centre	9.00am - 7.00pm Various pick up locations	
Sport4Kids	Sport4Kids	Sport4Kids	Sport4Kids	Sport4Kids
8.00am - 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am - 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am - 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am - 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School	8.00am - 6.00pm Venue 1: Holyport College Venue 2: Trevelyan School
Magpies Football	Little Muddy Me	Little Muddy Me	Little Muddy Me	Little Muddy Me
10.00am - 3.00pm Dedworth Middle School	9.00am - 4.00pm Bray Lake	9.00am - 4.00pm Bray Lake	9.00am - 4.00pm Bray Lake	9.00am - 4.00pm Bray Lake
	Magpies Football	Magpies Football	Magpies Football	Magpies Football
	10.00am - 3.00pm Dedworth Middle School	10.00am - 3.00pm Dedworth Middle School	10.00am - 3.00pm Dedworth Middle School	10.00am - 3.00pm Dedworth Middle School
	BASports	BASports	BASports	BASports
	8.00am - 6.00pm Venue 1: Cox Green School Venue 2: Charters School	8.00am - 6.00pm Venue 1: Cox Green School Venue 2: Charters School	8.00am - 6.00pm Venue 1: Cox Green School Venue 2: Charters School	8.00am - 6.00pm Venue 1: Cox Green School Venue 2: Charters School
	GAP Club	GAP Club	GAP Club	GAP Club
	8.30am -12.30pm or 12.30pm - 4.30pm St Judes School	8.30am -12.30pm or 12.30pm - 4.30pm St Judes School	8.30am -12.30pm or 12.30pm - 4.30pm St Judes School	8.30am -12.30pm or 12.30pm - 4.30pm St Judes School
	4Motion	4Motion	U Sports	
	10.00am - 2.00pm Vansittart Estate, Windsor	10.00am - 2.00pm Vansittart Estate, Windsor	10.00 - 2.00pm Hanover Way, Dedworth	
		U Sports		
		10.00am - 2.00pm Datchet Recreation Ground		

ACTIVITIES

Who are the activity providers?

Family Hub Service – Achieving for Children



Family Hub Service

The new Family Hub Service are co-ordinating the FUEL programme and are delivering a number of sessions across the borough:

FUEL MIX days 5-12yrs: Activities inc: Sanders Street and Norden Farm

FUEL MIX PLUS days 5-12yrs: Activities inc: Sanders Street and Dan the Skipping Man

FUEL MIX ULTRA days 5-16yrs: Activities inc: Sanders Street, Norden Farm Arts and Anika's Yoga

FUEL ADRENALINE days 11-16yrs

FUEL SEN days 5-12yrs: Sensory activities for children and their parents

<https://rbwm.afcinfo.org.uk/pages/community-information/information-and-advice/support-and-advice-for-families>

Sanders Street (5-16yrs)

FUEL MIX/MIXPLUS/MIXULTRA

Sanders Street is passionate about dance and enthusiastic about helping young people. In our dance classes we boost self esteem and develop physical agility and fitness. We believe in creating an environment where our students feel included, important and part of our street dance family.

Armed with the knowledge that everyone is individual and learns through different mediums we use techniques that contribute to the ultimate class experience for everyone.

We pride ourselves on providing such a diverse service so that we can teach almost anyone to dance or move to music!

Offering training in the following styles of street dance. Hiphop, house, breaking, popping and locking. Growing students confidence in freestyle, performance and using dance as a fun way to stay active and boost fitness.

<https://sandersstreet.co.uk/>

ACTIVITIES

Norden Farm

NORDEN FARM CENTRE FOR THE ARTS, ALTWOOD ROAD, MAIDENHEAD and FUEL MIX/MIXPLUS/MIXULTRA

At Norden Farm we believe that everyone should have the chance to experience and participate in high quality, transformative and life enhancing arts events. Through our education, participation and outreach programme, we provide a range of opportunities for the whole community.

<https://norden.farm/>

Anika's Yoga for Children (5-11yrs)

FUEL MIXULTRA

My name is Anika Saunders, I'm a Qualified Nursery Nurse and Children's Yoga Teacher who lives local to the area. Aside from being an ever-growing graze among adults, yoga has shown to be incredibly beneficial for children too. As you well know, children are faced with emotional, physical and social challenges all the time. Giving them the tools to understand their emotions in reaction to these challenges will support them in building positive relationships with those around them. The breathing techniques will help to enhance their concentration and sense of calmness. Physically, it also helps to enhance body awareness, co-ordination, strength and flexibility.

Dan the Skipping Man

FUEL MIXPLUS

Dan the Skipping Man® is the best Brand to get you fit, healthy and having fun using Skipping. We specialise in offering you the best service to get you skipping and active.

It is more important than ever that we have access to simple to do, effective exercise. The Dan the Skipping Man® concept helps create just that in an ongoing, sustainable way for you, through the simple but varied activity of skipping.

Skipping is for people of all ages to enjoy, is brilliantly accessible and the way Dan the Skipping Man® teach it is inclusive too!

<https://www.dantheskippingman.com/>

ACTIVITIES

RBWM Libraries

The Libraries team will be supporting FUEL Mix days providing reading books for all attendees and engaging with all children/young people to support reading ongoing.

Premier Sport (5-11yrs)

Larchfield Primary School

With our Multi-Sport Holiday Camps, we're giving more children the opportunity to get active through the summer. Our highly-trained coaches will deliver carefully planned, safe activities for your child, helping them to build confidence and self-esteem while improving social skills, co-ordination and fitness levels.

Rated as 'excellent' on Trustpilot, every day of these Holiday Camps is filled with fun and excitement, helping your children to create laughter, friendships and memories for life. Children of all abilities will get the chance to improve physical and cognitive skills through a diverse range of games and activities.

<https://www.premier-education.com/activities/holiday-camps/multi-sport-holiday-camps>

BA Sports (5-12yrs)

Cox Green School, Maidenhead and Charters School, Ascot.

BA Sports runs kids holiday camps & school clubs throughout Berkshire. Ofsted registered, specialising in high quality childcare, run by parents for parents. Various sports - Tennis, netball, football, gymnastics, Arts and Crafts, Dance, Athletics, Team Games.

<http://www.basportstar.co.uk/>

U Sports (5-11yrs)

Datchet Recreation Ground and Hanover Way, Dedworth.

uSports Is A Sports Coaching Provider Delivering Nursery And School Sports Coaching, Holiday Clubs, Football And Toddler Sessions In Berkshire And The Surrounding Areas.

<https://www.u-sports.co.uk/>

ACTIVITIES

Sports4Kids (4-16yrs)

Holyport College and Trevelyan Middle School

Welcome to S4K Camp – the most engaging and inclusive multi-activity holiday camp for your child.

S4K Camp is a truly unique experience for children from the age of 4 to 13 years. Our multi-activity camps operate innovative and exciting programs that are designed to capture every child's interest and imagination.

From football to rugby, dance to tennis, Nerf to dodgeball and cricket to arts and crafts, there is something for every child to enjoy.

Our team of highly qualified sports coaches will look after your child in a high energy multi-activity camp environment. We are registered with Ofsted, who have always been highly complimentary about our camps.

<https://sport4kids.biz/camps/>

Little Muddy Me (5-10yrs)

Bray Lake, Monkey Island Lane.

We provide a wonderful outdoor space for children to explore and discover their natural surroundings. At Little Muddy Me Pre-school we spend all day outside no matter what the weather connecting with nature. We aim to create a nurturing and welcoming environment, which is safe and secure for the children to be able to enjoy learning through play, fun and friendship which is child-led. We are committed to providing every child with the opportunities that they deserve to grow and flourish through independence and risky play. We encourage children to climb tree's, use tools, swing in the hammock, play in the mud kitchen and hunt for bugs. We also cook on the camp fire.

<https://www.muddyme-preschool.co.uk/>

GAP Club (5-11yrs)

St Judes School, Englefield Green and Staines Preparatory School, Staines.

Come and join our fantastic Holiday club. We have access to a wide range of inspiring and exciting resources on a daily basis. This includes a large field and playground, trim trail, cooking and art and craft activities, messy and sensory play and dressing up and roll play.

<https://thegapclub.com/>

FOOD WILL BE PROVIDED TO YOUR HOME TO TAKE WITH YOU TO THE ACTIVITY

ACTIVITIES

4Motion

4Motion CIC & Loading Bay, The Studio, Kardelton House, Vansittart Estate, Windsor SL4 1SE

ACTIVATE is a holiday programme running the first three weeks of the summer holidays, delivered at the 4Motion community Studio in Windsor. ACTIVATE invites children and young people who access Free School Meals (FSM) to join this summer holiday programme for free, helping them stay moving, socially connected and going home feeling full and nourished after a healthy meal. 4Motion is offering high energy, fun street, commercial and contemporary dance classes aimed at young people ages 7-12 years. Each session will run between 10-2pm and will include practical activities, a short break and a healthy lunch. Our activity plans exceed the 60-minute daily CMO guidelines promoting physical activity as well as social interaction with new friends, relaxation and healthy snacks and lunch.

<https://www.4motioncic.com/>

Magpies Football (5-13yrs)

Dedworth Middle School

Magpies in the Community is a new community programme established by the Maidenhead United FC Community Trust to provide opportunities for local people of all ages, abilities and backgrounds to engage with Maidenhead United Football Club and take part in activities which improve their health and wellbeing.

Magpies in the Community delivers a range of activities for the benefit of the local community.

<http://www.magpiesinthecommunity.org/>

FOOD WILL BE PROVIDED TO YOUR HOME TO TAKE WITH YOU TO THE ACTIVITY

HOW TO BOOK

Please book directly with the provider. By using the code provided or visiting the specific FUEL web address, you will not be required to pay for the sessions.

IMPORTANT: Please ensure that you use the child's name as registered at school as we will cross reference names against the list of children able to access free school meals.

FUEL Mix/SEN/Plus/Ultra/Adrenaline

Please book via <https://rbwm.afcinfo.org.uk/pages/community-information/information-and-advice/fuel-holiday-activities-and-food-programme>

Little Muddy Me

Please book via email - littleme@littleme-preschool.co.uk using code **FUELRBWM**

Basportstar Ltd

Please book via <http://www.basportstar.co.uk/holiday-camps/> using code **FUELRBWM**

Premier Sports

Please book using the following web address – code not required.

[Larchfield Primary Week One: 26-30 July](#)

[Larchfield Primary Week Two: 02-06 August](#)

[Larchfield Primary Week Three: 09-13 August](#)

[Larchfield Primary Week Four: 16-20 August](#)

Norden Farm Centre for the Arts

Booking detail TBC – Please visit <https://rbwm.afcinfo.org.uk/pages/community-information/information-and-advice/fuel-holiday-activities-and-food-programme> for updates on booking information

USports

Please book via <https://www.u-sports.co.uk/rbwm-fuel> Using code **FUELRBWM**

HOW TO BOOK

Sports for Kids

Please book Using code **FUELRBWM**

Trevelyan School -

<https://bookings.sport4kids.biz/sportsmanagement//courses/courses.htm?clientCode=Camps-MACTV-TMS-6>

Holyport College -

<https://bookings.sport4kids.biz/sportsmanagement//courses/courses.htm?clientCode=Camps-MACTV-HPC-1>

4Motion

Please book via <https://www.4motioncic.com/> using code **FUELRBWM**

GAP Club

Please book via <https://thegapclub.com/> using code **FUELRBWM**

Magpies Football

Please book via <https://www.participant.co.uk/MaidenheadUnited/event/341805/#init>
Using code **FUELRBWM**

General Enquiries

FUEL RBWM haf@achievingforchildren.org.uk

Social Media

Twitter: @fhsrbwm

Facebook: Family Hub Service – Achieving for Children RBWM

Instagram: fhsrbwm

