

Fruity Flapjack



Ingredients

Description	Ptn	10ptn	50ptn	100ptn	200ptn
Raisins	5 g	50 g	250 g	500 g	1 kg
Golden Syrup	6 g	63 g	313 g	625 g	1.25 kg
Porridge Oats	21 g	208 g	1.04 kg	2.08 kg	4.17 kg
Margarine	10 g	104 g	521 g	1.04 kg	2.08 kg
Caster Sugar	4 g	42 g	208 g	417 g	833 g

Method

Melt the margarine, sugar and golden syrup in a large saucepan

Mix in the oats and raisins.

Divide the mix into lined or greased and floured baking trays and flatten to corners with the back of a spoon dipped into boiling water

Bake at 160c until golden brown

Cut into portions while is still warm.

Serve at room temperature.

Assembled Tags

SO₂

Contains Sulphur
Dioxide &
Sulphites >
10mg/Kg