

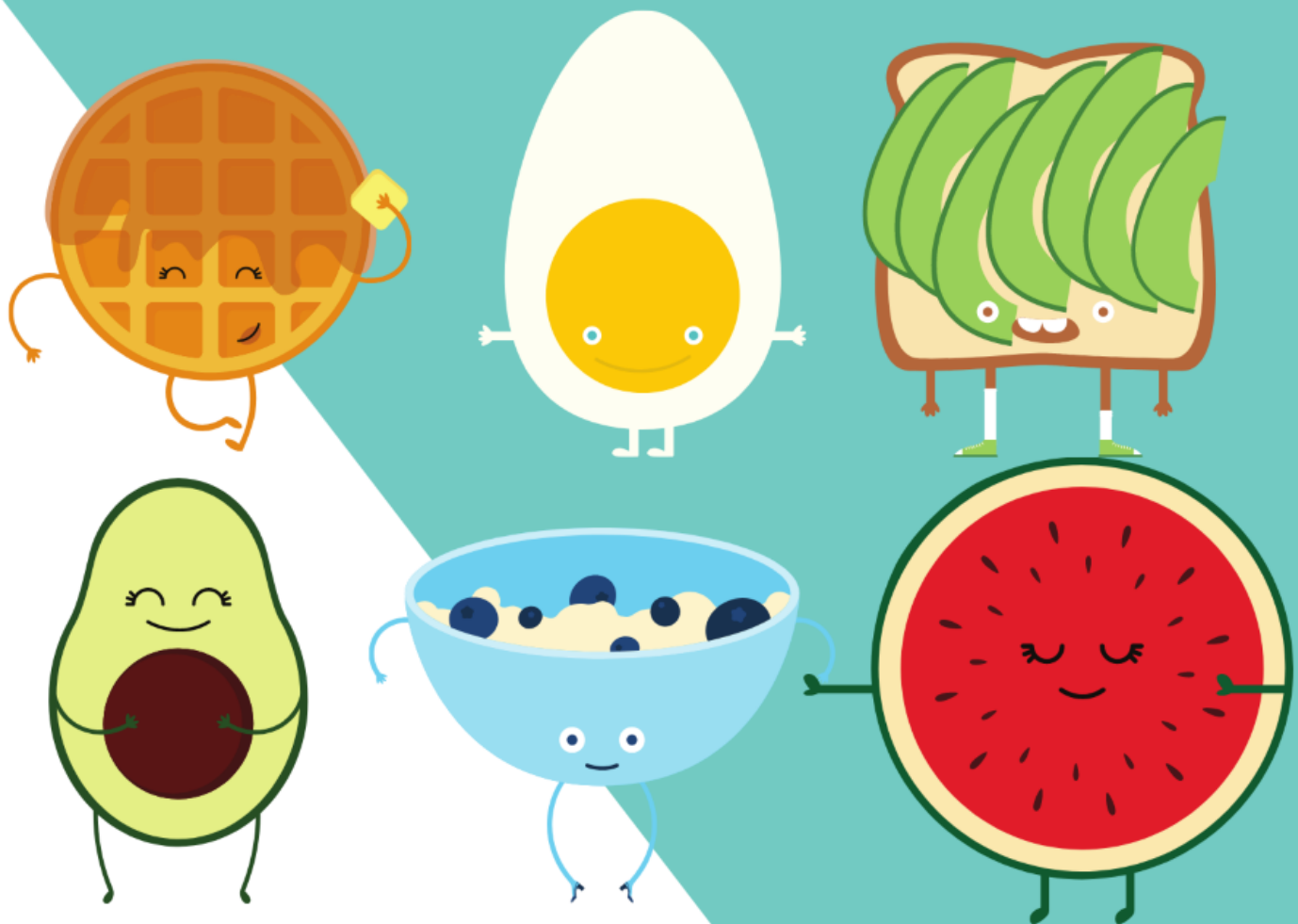


**GEMS**  
Autism & ADHD Support Service  
East Berkshire

01753 373 244 / 0800 999 1342

<https://www.gems4health.com>

[gems.4health@nhs.net](mailto:gems.4health@nhs.net)



# Autism & Food Workshop

Online Delivery

**Tuesday 2nd August 10am to 12pm**

**Wednesday 7th September 6.30pm to 8pm**

**Monday 31st October 10am to 11.30am**

**Tuesday 22nd November 6.30pm to 8pm**

**Tuesday 13th December 10am to 11.30am**

**Registration:**

[GEMS.4health@nhs.net](mailto:GEMS.4health@nhs.net)

0800 999 1342