



GEMS

Autism & ADHD Support Service
East Berkshire



BEAR CLUBS

AGES 5 TO 10



FIRST & THIRD FRIDAY OF EACH MONTH @4PM TO 5PM

Activities

- 21/04/23 Online - King's Coronation Arts & Craft
- 05/05/23 Slough - Big on Bouncing
- 19/05/23 Online - Build a bird feeder
- 02/06/23 Bracknell - Sports day
- 16/02/23 Online - Create a sun catcher

*Please note activities may be subject to change

Registration:

GEMS.4health@nhs.net
0800 999 1342

Criteria:

Children with or likely to have
ADHD &/or Autism & living in
East Berkshire



More Information: 0800 999 1342 WWW.GEMS4HEALTH.COM