

CONNECTIONZ

AGES 16 TO 24



LAST TUESDAY OF THE MONTH
@ 6.30PM TO 8PM

Registration:

GEMS.4health@nhs.net
0800 999 1342

Criteria:

Young adults with or likely to
have ADHD &/or Autism & living
in East Berkshire

Activities

25/04/23 - Online - Around the World quiz
30/05/23 - Online - Build a bird feeding table
27/06/23 - Online - Create a sun catcher