



# GEMS

Autism & ADHD Support Service  
East Berkshire

# WOLF PACK

## AGES 11 TO 15



**ONLINE AND FACE TO FACE  
ACTIVITIES!**

**SECOND FRIDAY OF EVERY MONTH @430PM**

### Registration:

GEMS.4health@nhs.net  
0800 999 1342

### Criteria:

Children with or likely to have  
ADHD &/or Autism & living in  
East Berkshire

### Activities

- 08/07/22 Online - Poem/RapWriting
- 12/08/22 Slough - Basketball Fun - Mercian Way Park
- 09/09/22 Online - App Invention and pitch
- 14/10/22 Bracknell - Fitness session - South Hill park
- 11/11/22 Windsor - Rugby Fun
- 09/12/22 TBC - Christmas meet up

Please note activities may be subject to change

**More Information:** 0800 999 1342 [WWW.GEMS4HEALTH.COM](http://WWW.GEMS4HEALTH.COM)