



GEMS

Autism & ADHD Support Service
East Berkshire

Virtual Coffee Morning

Friday 6th December

10am to 11.15am

**25 spaces
available!**

Join our virtual coffee morning for an open discussion, providing parents and carers with the opportunity to meet and chat freely with others who understand and relate to their experiences.

Celebrate your success with other parents/carers, share your experience and gain support during our coffee morning

Sign Up Today!

Available for families who reside in or have a registered GP in East Berkshire with a child who is Autistic/ADHD (suspected/pathway/diagnosed)

To book your place contact GEMS:



Gems.4Health@nhs.net



0800 999 1342

