MANOR GREEN SCHOOL
Excellence for All

Elizabeth Hawkes Way
Maidenhead
Berkshire
SL6 3EQ
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Email: office@manorgreenschool.co.uk
www.manorgreenschool.co.uk
Headteacher: Mrs Joolz Scarlett, BA (QTS), NPQSL

16th September 2024

Dear Parents and Carers,

Our PSHE & RHSE Programme at Manor Green School – Middle School

As a part of your child's education, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. I am writing to let you know that, over the course of this academic year, your child's class will be taking part in lessons which will focus on the relationships and health education aspects of this programme, students cannot be withdrawn from these lessons.

RHSE lessons this year will include students learning about: Healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence. This is all at an age-appropriate level. Following a discussion with the school, you can, should you wish to, withdraw your child from any or all aspects of Sex Education, other than those which are part of the Science curriculum.

During the lessons, students will be able to ask questions, which will be answered factually and appropriately. Each student's privacy will be respected, and no one will be asked to reveal personal information.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website, for more detail about our PSHE and RSE combined curriculum. All PSHE and RSE teaching will take place in a safe learning environment and is underpinned by our school ethos and values. These topics are taught across the whole of Middle School so content will depend on the cohort and will be adapted for them at their developmental level.

Parents are the most important educators of young people in personal issues, and many welcome the support that school can offer to supplement their home teaching. You may find that your child starts asking questions about the topic at home, therefore, you might want to take the opportunity to talk to your child about issues before the work is covered in school.

Please either highlight online and return via email or print, highlight and return to the Class Teacher.

If you have any queries about the content of the programme or resources used, or you would like to discuss the right to withdraw, please do not hesitate in contacting your child's Class Teacher.

Kind regards,

Josie Glover
Assistant Headteacher – Nurture

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Sex Education content this academic year that you have the right to withdraw your child from:
(Please highlight any aspects you do not want your child to take part in, we will then follow this up with a discussion)

- Autumn Term 1
  - **Families and people who**
    - Marriage and why it is an important relationship choice for many couples.
    - Minimum age for marriage and civil partnership
    - Roles and responsibilities of parents
    - **That there are different types of committed, stable relationships**
    - **How these relationships may contribute to happiness and how relationships contribute to bringing up children. (Year 7 to 9)**
    - How to judge when a relationship may be unsafe and how to seek help.
- Autumn Term 2
  - **Caring Friendships**
    - Healthy and unhealthy friendships and behaviours
    - How relationships can make us feel – including online.
    - Expectations of friendships including the effects of the media on relationships
- Spring Term 1
  - **Respectful Relationships**
    - Healthy and unhealthy friendships and behaviours
    - Practical steps they can take in a range of different contexts to improve or support respectful relationships.
    - The importance of permission seeking and giving in all relationships i.e with friends, peers, adults.
    - **Certain types of behaviour in a relationship are criminal (Year 7 to 9)**
- Spring Term 2
  - **Changing Adolescent Body**
    - Changing body and puberty
    - Year 5 and 6 – different body parts and how these change as we grow – hair/shape/size.
    - **Year 7-9 – as above – this includes physical and emotional changes.**
    - Menstrual wellbeing/menstrual cycles
- Summer Term 1
  - **Online Relationships**
    - Responsibilities and opportunities being online provides.
    - Awareness that people behave differently online a d could not be who they say they are.
    - Online risks of sharing information/images
    - Rights, responsibilities, and opportunities online.
    - How to report harmful/unwanted content.
- Summer Term 2
  - **Being Safe**
    - Appropriate boundaries
    - **How people can actively communicate and recognise consent from others including sexual consent (Year 7 to 9)**
    - **How and when consent can be withdrawn (including online) (Year 7 to 9).**
    - Privacy – for children and adults. How and when to share secrets if it relates to keeping someone or yourself safe.
    - Differences between appropriate, inappropriate, or unsafe physical or other contact.
    - Recognising and reporting feelings about being unsafe that should be shared (peers or adults)
    - Support and advice – who and where to find it.

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