



## M2M Events Newsletter

M2M Events is a local business offering face to face events for parents. From informative talks and practical workshops on parenting challenges to social nights out and inter-PTA sports competitions, M2M Events provides event opportunities to suit you.

Our aim is to bring together real-life parents from all walks of life to help them cope with the pressures of parenting and to have some fun

Come along to one of our events to spend time with local like-minded parents.

### Forthcoming Events



#### First Aid Workshop for Parents and Kids

Saturday 13 May – St Joseph's Parish Centre, Maidenhead

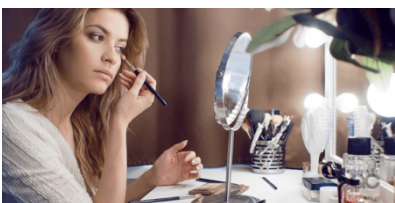
If you have kids whose confidence outweighs their ability, whose risk-taking appetite is high and whose love of contact sports means they are more than likely to hurt themselves at some point, then this

event is for you. This hands-on workshop will give you the knowledge you need to help your kids when they are injured or experiencing a medical emergency.

Visit <https://www.eventbrite.co.uk/e/first-aid-workshop-for-parents-and-kids-tickets-444066925127> for further information and to book your place.

#### Me Time Make-up Masterclass for Mums

Wednesday 17 May – Cookham Dean Village Hall, Cookham Dean



Are you stuck in a rut, doing the same make-up that you've always done? It's time to refresh your skills and get some top tips on how to enhance your natural looks.

As a mum, it's easy to lose a sense of self when you're constantly focusing on the kids so take some time out to concentrate on you and enjoy time with other like-minded mums. This hands-on workshop will provide you with the essential skills for applying your own make up and will include advice on how to make the most of your best features.

Visit <https://www.eventbrite.co.uk/e/me-time-make-up-masterclass-for-mums-tickets-580398456407> for further information and to book your place.



## Supporting Gymnasts at Home Workshop for Parents and Kids

Wednesday 31 May – Cippenham Community Centre, Slough



If you have kids who love gymnastics and pushing themselves to try ever-challenging moves, then this event is for you. This hands-on workshop will give you the skills you need to help your kids practice gymnastics safely at home.

From warming-up to spotting your gymnast, this session will cover everything you need to know to make home gymnastics an undangerous and enjoyable experience for you and your kids.

Visit <https://www.eventbrite.co.uk/e/supporting-gymnasts-at-home-workshop-for-parents-and-kids-tickets-629164747697> for further information and to book your place.



## Hair Up Workshop for Parents

Saturday 10 June – St Peter's Parish Centre, Maidenhead

If you have kids who want more than a standard ponytail or whose dance / gym teacher demands a particular style, then this event is for you. This hands-on workshop will give you the skills you need to master the most common 'updos'.

Our trainers from renowned local business 'Brave the Braid', will walk you through how to create the perfect style step by step and will share some top tips on how to deal with common challenges.

Visit <https://www.eventbrite.co.uk/e/hair-up-workshop-for-parents-tickets-631424867777> for further information and to book your place.



## Inter-PTA Tag Rugby Tournament

July TBC, Maidenhead

Are you an active parent who can turn their hand to most sports? This tournament offers a great opportunity for fun-loving parents to get together and to bring out that competitive side that's in all of us. Mixed teams representing schools from across the borough will compete in a 'round-robin' tournament to battle it out for a cash

prize for their school PTA.

No prior experience of tag rugby is required with simple, easy-to-follow rules and one clear mission – score more tries than the opposition!

Email [nickycox@m2mevents.co.uk](mailto:nickycox@m2mevents.co.uk) to register your interest.



## Resilience and Wellbeing Workshop for Mums

Saturday 16 September – St Peter's Centre, Maidenhead

Do you sometimes feel like you're failing at everything? Are you constantly striving to do what is expected of you and running yourself ragged for your family? This workshop provides a fantastic opportunity to 'take stock' of your life, to explore what is important to you and discover how to lead your own life.

Our expert trainer will give you the skills you need to help you manage the emotional load of parenting and to balance the needs of you as an individual with your family's needs.

Mums will leave with confidence to embark on those adventures that they have dreamt of and put off for too long.

Visit <https://www.eventbrite.co.uk/e/resilience-and-wellbeing-workshop-for-mums-tickets-621645005947> for further information and to book your place.

## Clueless About Building an Extension

Wednesday 20 September – The Lord Grenfell, Maidenhead



After a few turbulent years for the economy, many of us are choosing to extend our properties rather than move house but what does this actually entail? If you're interested in extending your house, this informal talk will help you to better understand the process before embarking on your building project and will give you food for thought with regards to the impact of your extension on the resale of your house in the future.

Building an extension has become very popular but people are often caught out in terms of underestimating how much is involved in a building project regardless of its scale. Our panel of experts including an architect, builder and estate agent will talk through the process step-by-step from conception to completion and will highlight some of the key considerations to bear in mind.

Visit <https://www.eventbrite.co.uk/e/clueless-about-building-an-extension-tickets-579149199847> for further information and to book your place.



## Inter-PTA Football Tournament

Saturday 30 September – Braywick Leisure Centre, Maidenhead

This 6-a-side football tournament is aimed at local dads who like a kick-around and a bit of sporting fun. Teams from schools across the borough will compete in a quick-fire tournament to **win a cash prize for their PTA.**



The event is open to all standards from those that play in the local league to those who can't remember the last time they played in a competitive match. Come along to bond with fellow dads and show your kids what you're made of.

Visit <https://www.eventbrite.co.uk/e/inter-pta-football-tournament-tickets-623539813367> for further information and to book your place.

## Dates for the Diary

Look out for further information on more forthcoming events coming soon.

Wednesday 4 October	Clueless About Teenagers
Saturday 7 October	Creative Writing Workshop for Parents and Kids
Wednesday 11 October	Clueless About 11 Plus
Saturday 14 October	First Aid Workshop for Parents and Kids
Wednesday 15 November	Clueless About Buying and Selling Property