## CYPIT Therapy Team



ITA



ITA



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SaLT

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# How to contact us

- If you have any questions please contact us via Assistant Head Shelley Thomas, to be discussed with CYPIT team.
- Direct telephone the OT/PT Therapy Office on 01628 513800 Ext 6015 .
- Send a note into school with your child or leave a message in their home ٠ school diary (which you can ask the staff to pass on).
- General advice and support related to communication, fine and gross motor development and daily life skills can be found at:

Health and Development | Children Young People and Families Online Resource (berkshirehealthcare.nhs.uk)



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Healthcare

from the **heart** of

your community

Physiotherapy, **Occupational Therapy** and Speech & Language Therapy at

Berkshire Healthcare

**NHS Foundation Trust** 

**Children and Young People's Integrated Therapies Service** 

SCHOOL

# What do we do?

#### Physiotherapy (PT)

#### Therapies in Special School

The CYPIT team comprises of Speech and Language Therapists, Occupational Therapists, Physiotherapists and therapy assistants. Our team works with school and parents to support students in achieving positive outcomes and maximising their potential. We provide assessment, treatment and advice as required based on student's needs and the impact of their difficulties on everyday life. Additionally, all students have access to:

Universal service where the Therapy Team:

- Work in the classroom with school staff, to support the implementation of • therapeutic strategies into the daily class timetable.
- Support the school to ensure that the environment is a 'Total Communication' • environment supporting the needs of all CYP within the school.
- Provide training packages for school staff to develop their skills in supporting • students to achieve their optimum level of function. These training packages are provided regularly throughout the school year to ensure that all staff have a basic level of understanding of the service model and support and strategies that they can implement to support the CYP in the school.
- Deliver targeted training throughout the school year in order to provide training in specific approaches that may be used to support some individual CYP or groups of CYP. This would include training in using communication approaches such as AAC, improve handwriting, fine motor skills and completing sensory processing workshops.
- Is available in school to answer questions and give advice to school staff and • families.

Depending on their needs, some students may require greater contact with the therapy team and will be provided with a more targeted and/or an individualised level service.

#### Targeted service:

- Support class staff to meet the specific needs of their children through • implementation of social, sensory and/or physical groups.
- Training school staff so that they are confident and competent in delivering • these group packages without the need for ongoing support of therapy staff.
- Provide training such as colourful semantics and PECS. ٠

#### Individualised service:

This could include:

Assessment, intervention, training to carry out the therapy recommendations and monitoring and reviewing student's progress ed in conjuncture with the school staff.

Liaison with parents, providing therapy plans and programmes of intervention

Throughout the student's time at school and they may move in and out of the therapy team's care, depending upon their needs at a given time. At all times the student will access the universal service.

Our therapies help students to:

Develop gross motor skills to the best of their ability ٠

We also advise on:

- Postural needs.
- Joint care.
- Specialist equipment including seating, walkers and standing frames.

#### Speech and Language Therapy (SaLT)

Our therapies help students who have difficulties with their speech, language or communication develop these skills in order for students to communicate and interact with others. We support students to:

- Understand language used by those around them.
- Express what they think, feel, want or need. ٠
- Develop appropriate social interaction skills.
- Develop their feeding skills ٠

### Occupational Therapy (OT)

Supports students and class staff to:

- Modify activity and the environment to support their functional development.
- Develop self-care skills.
- Improve their organisation and self-management skills.
- Develop fine motor and visual perceptual skills.
- Manage their sensory processing needs.

OTs also provide assessment and support for: Adaptive equipment.

Modifications to the school environment to make a task easier. Advice on basic hand splinting needs. Specialist seating.





