

Recipe Detail Section By Portions

Mixed Bean Cassoulet



Ingredients

Description	Ptn	10ptn	50ptn	100ptn	200ptn
Chick Peas	63 g	625 g	3.13 kg	6.25 kg	12.5 kg
Butter Beans	63 g	625 g	3.13 kg	6.25 kg	12.5 kg
Red Kidney Beans	17 g	167 g	833 g	1.67 kg	3.33 kg
5 Bean Salad	17 g	167 g	833 g	1.67 kg	3.33 kg
Onions	17 g	167 g	833 g	1.67 kg	3.33 kg
Tomato Paste	17 g	167 g	833 g	1.67 kg	3.33 kg
Chopped Tomatoes	63 g	625 g	3.13 kg	6.25 kg	12.5 kg
Ground Cumin	0 g	2 g	10 g	21 g	42 g
Cinnamon	0 g	2 g	10 g	21 g	42 g
Brakes Curry Powder	0 g	1 g	5 g	10 g	21 g

Method

Finely dice onion and sweat with a little oil then add spices
 Add all the beans (well drained) and stir
 Add the tomato paste and the chopped tomatoes
 Simmer until ready and then serve hot with rice.

Assembled Tags



Contains Mustard

SO₂Contains Sulphur
Dioxide &
Sulphites >
10mg/Kg