



GEMS

Autism & ADHD Support Service
East Berkshire



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<https://www.gems4health.com>



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GEMS is for children, young people & adults who have been diagnosed, or are on the pathway to diagnosis for autism and/or ADHD.

The service also supports parents & carers, and is open to anyone living in East Berkshire (Slough, Royal Borough of Windsor & Maidenhead or Bracknell Forest)



WHAT DO WE PROVIDE?

Whatever stage of your autism/ADHD journey, GEMS offers a single point of contact where you can access information, advice, signposting & support.

We also provide a range of (face to face & online), courses, workshops, animations & social opportunities:

- For parents & Carers
- For children & Young people aged 5 to 25
- For adults aged 25 & over

In Bracknell Forest we offer in addition to the above, an enhanced service for adults aged 18 & over with autism. This service offer includes:

- Transition workshops for parents & carers
- Social activities