

9 February 2023

Dear Parents and Carers

Our PSHE & RSE Program at Manor Green School

We believe that promoting the health and well-being of our students is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) course. This looks at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the PSHE course is to help our students make safe and informed decisions during their school years and beyond.

Relationship and Sex Education (RSE) is an important part of the PSHE course. We will be teaching lessons about RSE throughout the term, in King Smith this will focus on relationships, families, health and puberty. We will be covering body changes with correct terminology used for body parts and for girls we will have a separate lesson for periods.

During the lessons, students will be able to ask questions, which will be answered factually and, in an age, appropriate manner. Each student's privacy will be respected, and no one will be asked to reveal personal information.

Some parts of RSE are compulsory as these are part of the National Curriculum for Science. Parents can withdraw their children from all other parts of RSE if they wish to do so. However, we believe that the presentation of images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child or young person is withdrawn, many students will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children and young people will have the opportunity to take part in our carefully planned lessons.

Parents are the most important educators of young people in personal issues, and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home therefore you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school.

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| I wish for my child to be included in all lessons | Yes | No | |
| I wish for my child to be withdrawn | From all lessons | From some/one lessons | Please state below which topic you wish your child to be withdrawn from. _____ |

Yours faithfully

Charlotte West
Class Teacher
King Smith Class