

7 December 2020

Dear Parents and Carers,

Our PSHE & RSE Program at Manor Green School

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) course. This looks at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

Relationship and Sex Education (RSE) is an important part of the PSHE course. We have been able to book some places for some girls in Middle and Upper school to access a programme called Generation Girls. It's a drama programme for girls with learning difficulties and it has been designed to teach them about social, sexual and health issues in a way so as to empower them to be better equipped to stand up for themselves and ask for help should they be exposed to sexual exploitation or abuse. The project would be delivered by trained facilitators from Peer Productions and will be supported by female staff from the school at all times. We use Theatre as a tool for expression and exploration. The girls themselves guide the exact nature of topics explored but, depending on their priorities and needs, the sessions include:

- Understanding your body including puberty, menstruation and physical anatomy.
- The importance of consent.
- Healthy relationships including friendships as well as romantic/sexual relationships.
- Self esteem and body image.
- Alcohol and drug education.
- Staying safe online.

We will be teaching these lessons over 10 weeks starting in January. During the course, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Some parts of SRE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from all other parts of SRE if they wish to do so. However, we believe that the presentation of images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school via email: Claire.rogers@manorgreenschool.co.uk
Please indicate below how you would like your child to be involved in these sessions:

I wish for my child to be included in all lesson in this topic	Yes	No	
I wish for my child to be withdrawn	From all lesson	From some/one lessons	Please state below which topic you wish your child to be withdrawn from:

Yours faithfully



Blackman Class Teacher and PSHE/RSE Lead