



### FESTIVAL OF INCLUSIVITY

- ANIMAL KINGDOM
- ARTS & CRAFTS
- COOKERY
- DANCE
- INCLUSIVE SPORT
- MUSIC
- PICNIC
- SENSORY ZONE
- STREET FOOD
- STORYTELLING
- QUIET SPACE
- YOGA & WELLBEING

### CHALLENGE EVENTS

- 10K
- 5K
- 1K
- 100M
- SUPERSENSORY MEDAL
- T-SHIRT
- GOODY BAG

**START TOGETHER. FINISH WHENEVER.**

### THE GREATEST DANCER CHALLENGE

MASS PARTICIPATION DANCE FOR EVERYONE  
TO SHOW OFF THEIR BEST MOVES

[WWW.PARALLELLIFESTYLE.COM](http://WWW.PARALLELLIFESTYLE.COM)

### THE FESTIVAL OF INCLUSIVITY WITH CHALLENGE EVENTS FOR EVERYONE

Parallel Windsor is a celebration of disability lifestyle, welcoming everybody of all ages, health conditions & abilities.

### FESTIVAL OF INCLUSIVITY

Our award-winning & fully accessible festival is a day of inclusive entertainment for the whole family; featuring an outdoor stage, storytelling, inclusive sport, active lifestyle, cookery, arts & crafts, yoga & wellbeing, dance, family picnic area & food. Accessible facilities include a quiet space, sensory space, accessible toilets (including RevoLoo), medical provision & on-site parking.

### CHALLENGE EVENTS

Regardless of age, health condition or ability there is a challenge event for everyone. Our distances include 100m, 1k, 5k, 10k & our ever popular SuperSensory. Our spirit of *'Start Together; Finish Whenever'* means there are no cut off times, with everybody who takes part receiving a medal, t-shirt & goody bag.

**#NOLIMITSLIVING**



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