
4 February 2022

Dear Parents and Carers

Our PSHE & RSE Program at Manor Green School

We believe that promoting the health and well-being of our students is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) course. This looks at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the PSHE course is to help our students make safe and informed decisions during their school years and beyond.

Relationship and Sex Education (RSE) is an important part of the PSHE course. We will be teaching lessons about RSE which will focus on relationships, the body, feelings, life cycles, people who can help, keeping safe online, health and puberty.

We will be teaching these lessons during the summer term. During the course, students will be able to ask questions, which will be answered factually and, in an age, appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Some parts of RSE are compulsory as these are part of the National Curriculum for Science. Parents can withdraw their children from all other parts of RSE if they wish to do so. However, we believe that the presentation of images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many students will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all students will have the opportunity to take part in our carefully planned lessons.

Parents are the most important educators of young people in personal issues, and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school.

Yours faithfully

Amelia Dennis
Class Teacher
Pratchett Class, Penguin Cluster

List of Key Vocab:

Similar • Different • Sex • Gender roles • Stereotypes • Boy • Girl • Male • Female • Body parts • Penis • Vagina	Similar • Different • Male • Female • Body parts • Penis • Vagina • Comfortable • Uncomfortable • Body parts • Like • Dislike • Touch • Hug • Kiss • Family • Fostering • Adoption • Relationship • Stereotypes • Gender roles	Puberty • Lifecycle • Reproduction • Physical • Pregnancy • Breasts • Sperm • Egg • Emotions • Feelings	Puberty • Physical changes • Emotional changes • Moods • Spots • Facial hair • Underarm hair • Privacy • Human rights • Protection
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Resources for Families at Home:

- Book lists for all age groups on RSE
 - <https://literacytrust.org.uk/communities/nottingham/celebrate-rse-day-2020-read-nottingham/>
- BBC teach- PSHE, relationships and health education primary resources (7-11)
 - <https://www.bbc.co.uk/teach/ks2-pshe/zbrq7nb>
- Educating Eve- the Eve Appeal Womens/Girls Health
 - <https://eveappeal.org.uk/news-awareness/educatingevepart1/>
- Love Life resources for people with SEN
 - <https://learning.nspcc.org.uk/research-resources/schools/love-life>

I wish for my child to be included in all lessons in this topic	Yes	No	
OR			
I wish for my child to be withdrawn	From all lessons	From some/one lessons	Please state below which topic you wish your child to be withdrawn from. <hr/>

Name: _____

Date: _____