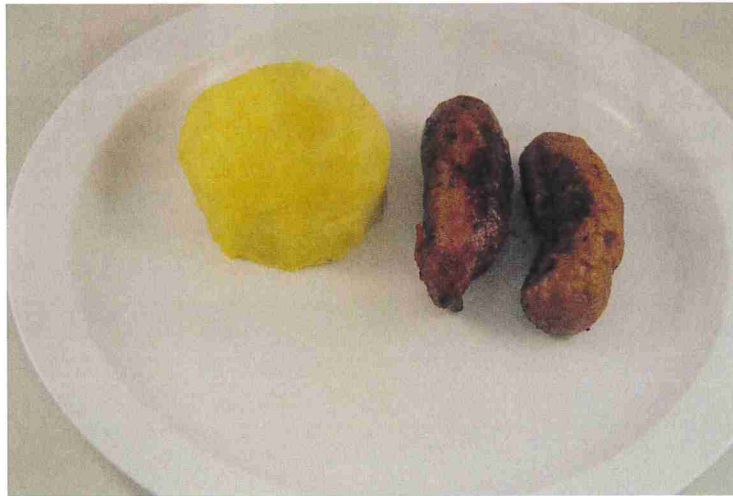


Pork Sausage



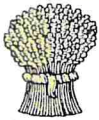
Ingredients

Description	Ptn	10ptn	50ptn	100ptn	200ptn
Pork Sausages	75 g	750 g	3.75 kg	7.5 kg	15 kg

Method

Lightly grease roasting tins with oil.
 Place Sausages into the roasting tin, leaving a little space between each.
 Cook in pre-heated oven at 200c for 30 - 40 mins until lightly browned and the core temperature exceeds 75c
 Drain thoroughly.
 Serve in shallow gastronom tin ensuring service temperature exceeds 63c.
 Serve 2 to a portion.

Assembled Tags



Contains Wheat

Nutrition

Standard Size: Ptn		
Nutrient	Per Portion	Per 100g
Energy (kcal)	166.44kcal	292kcal
Fat	12.77g	22.4g
Satd FA /100g fd	4.67g	8.19g
Carbohydrate	3.59g	6.3g
Protein	9.58g	16.81g
Non Milk Extrinsic Sugar	0.46g	0.81g
Vitamin C	4.56mg	8mg
Zinc	0.8mg	1.4mg
Iron	0.68mg	1.19mg
Folate	4.56µg	8µg
Calcium	102.6mg	180mg
Sodium	478.8mg	840mg
Salt	1.2g	2.11g
Total sugars	0.51g	0.89g