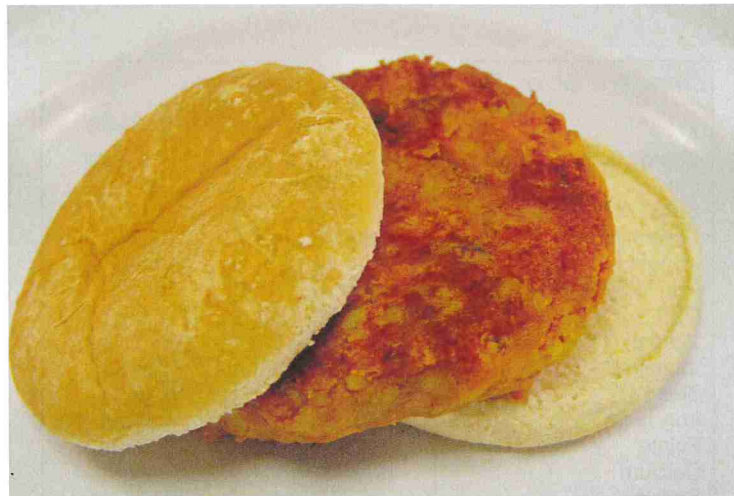


Spicy Bean Burger



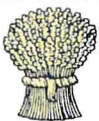
Ingredients

Description	Ptn	10ptn	50ptn	100ptn	200ptn
Red Kidney Beans	7 g	67 g	336 g	672 g	1.34 kg
Sweet Potato	20 g	200 g	1 kg	2 kg	4 kg
New Potatoes in Skins	20 g	200 g	1 kg	2 kg	4 kg
Onions	10 g	100 g	500 g	1 kg	2 kg
Carrots	10 g	100 g	500 g	1 kg	2 kg
Tomato Paste	1 g	10 g	50 g	100 g	200 g
Plain Flour	10 g	100 g	500 g	1 kg	2 kg
Burger Buns	1 each	10 each	50 each	100 each	200 each

Method

Roast the diced sweet potatoes and new potatoes until soft
 Finely dice the onions and fry until soft, then add the tomato paste
 Combine the potatoes onions mix kidney beans and flour to form a mould into patties
 Cook and place into buns

Assembled Tags



Contains Wheat