

Vegetarian Sausages



Ingredients

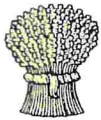
Description	Ptn	10ptn	50ptn	100ptn	200ptn
Vegetarian Sausages	75 g	750 g	3.75 kg	7.5 kg	15 kg

Method

Grease roasting tins with oil.
 Place Sausages into the roasting tin, leaving a little space between each.
 Cook in pre-heated oven at 200c until lightly browned and the core temperature exceeds 75c
 Drain thoroughly.
 Serve in shallow gastronorm tin ensuring service temperature exceeds 63c.
 Serve 2 to a portion.

Assembled Tags

SO₂



Contains Sulphur Dioxide & Sulphites > 10mg/Kg

Contains Wheat

Nutrition

Standard Size: Ptn		
Nutrient	Per Portion	Per 100g
Energy (kcal)	134.25kcal	179kcal
Fat	7.05g	9.4g
Satd FA /100g fd	1.75g	2.33g
Carbohydrate	6.9g	9.2g
Protein	11.18g	14.91g
Non Milk Extrinsic Sugar	0.98g	1.31g
NSP	1.95g	2.6g
Zinc	0.75mg	1mg
Iron	2.33mg	3.11mg
Folate	25.5µg	34µg
Calcium	102mg	136mg
Sodium	671.25mg	895mg
Salt	1.68g	2.24g
Total sugars	0.98g	1.31g